

AFTER SCHOOL ACTIVITIES UPDATE

LAST CHANCE TO SIGN UP!! SOME CLASSES WILL BE CANCELED DUE TO LOW ENROLLMENT

SPACE AVAILABLE IN ALL CLASSES EXCEPT CLAY AND CRAFT AND CREATE

MONDAYS FLOOR HOCKEY INSTRUCTOR: MEGAN O'LEARY GRADES: 3-6

Learn about the game and have fun!!!!

COST: \$40.00

8 WEEKS

TUESDAYS

THE UNIVERSE IN A NUTSHELL- INTRODUCTION TO ASTRONOMY

INSTRUCTOR: TRESSA LYONNE

GRADES: 3-6

Our universe offers so much to explore! We'll start with what's most familiar, our planet and solar system, then move on to stars and galaxies and the equipment used to observe them. We'll use simple experiments to better understand complicated processes, but most of all, we'll have some fun!

COST: \$55.00

8 WEEKS

WEDNESDAYS

READER'S THEATER: INSTRUCTOR: LINDSEY WHITE

GRADES: 1-3

Come join Reader's Theater!! Act out short fables and fairy tales. We will make puppets, masks and small props!!

COST: \$40.00

8 WEEKS

WEDNESDAYS

UKULELE AND XYLOPHONE:INSTRUCTOR: DANA AYERS

GRADES: 1-6

Students will have the opportunity to play rhythms, melodies, and songs together on the xylophones and ukuleles. Instruments: Instruments that we have in the music room will be available to use during class, but not to take home.

COST: \$40.00

8 WEEKS

THURSDAYS

CAPOEIRA: INSTRUCTOR: ANDRE LIMA

GRADES: K-6

Capoeira is a fantastic opportunity for kids to be exposed to a unique blend of martial arts, music, culture and camaraderie. Capoeira involves movement utilizing the entire body developing strength, coordination and flexibility. Kids also get a chance to play traditional Capoeira instruments and learn to sing traditional Capoeira songs in Portuguese.

"Children of all ages can benefit from the fun and friendly atmosphere that not only provides a challenging aerobic and acrobatic workout, but also helps kids develop their confidence and self esteem."

Andre Lima has been practicing CAPOEIRA for fourteen years under the supervision of Master Kinha from Capoeira Besouro Hawaii. He is the founder of Capoeira Besouro Cape Cod teaching after school programs for three years.

COST: \$40.00

8 WEEKS

THURSDAYS

YOGA:INSTRUCTOR: CHELSEY PRICE

GRADES K-3

The class will be a combination of activities involving yoga poses, games, songs, dancing and always ending the class with a guided meditation. Children will learn all the amazing benefits of yoga as they grow, glow and flow.

COST: \$40.00

8 WEEKS

THURSDAYS

LIGHTS, CAMERA, ACTION:INSTRUCTOR: DEB RAYMOND

GRADES 3-6

Join our T.C.S. "news team" as we learn to use video equipment to film segments we create to be broadcast on Lower Cape Channel 22. Whether you want to be an on air personality, a camera techie, writer, or all of the above, there are opportunities for you in "Lights, Camera, Action"!

COST:\$40.00

8 WEEKS

Truro Central School is an Affirmative Action Employer and we are committed to ensuring that all of our programs and facilities are accessible to all members of the public. We do not discriminate on the basis of age, color, disability, national origin, race, religion, gender, gender identity or sexual orientation
