

**TRURO CENTRAL SCHOOL  
AFTER SCHOOL ACTIVITIES  
FALL 2021**

**Attached are the After School Activities offered for the Fall. Classes will begin the week of October 18, 2021 for 8 weeks(Thursday class will be 7 weeks due to holidays) and all classes run from 3:00-4:00PM. Students participating will remain after school on class days and be picked up in the front of the building at 4PM.**

**All classes for this session will be free to all students. However all students need to be registered prior to the first class, registration form can be filled out via the following link: <https://form.jotform.com/210663724668058>  
Any class with less than 3 students participating will be cancelled for this session**

**Please feel free to contact me with any questions,**

**Heather Harper  
school: 508-487-1558x203  
email: harperh@truromass.org**

**AFTER SCHOOL ACTIVITIES IN PERSON CLASS SCHEDULE**

**Fall 2021**

**Classes will begin the week of October 18, 2021**

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**MONDAYS**

**DANCE**

**Grades K-6**

**INSTRUCTOR: Ms Lowery-Sverid**

**October 18-December 6 (8 SESSIONS)**

The dance classroom is a great way for students to learn about spatial awareness and patterns. We will explore dance with beginner movements we will learn ballet basics and positions. We will begin to learn a basic ballet dance routine.

In tap it's all about learning the different ways to make sounds. We will learn beginner tap sounds and movements and learn how to put them together. We will also learn a basic tap routine.

No special equipment needed kids may use their socks for this class.

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**MONDAYS**

**LEGO LEGO LEGO**

**Grades K-6**

**INSTRUCTOR: Ms Napolitano**

**October 18-December 6 (8 SESSIONS)**

Build something great!! Have fun!!

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**TUESDAYS**

**FLOOR HOCKEY**

**Grades 2-6**

**INSTRUCTOR: Ms Cowing**

**October 19-December 7 (8 SESSIONS)**

Bring your sneakers and join in a fun game of floor hockey!!! No ice necessary!!

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**TUESDAYS**

**LEARN TO KNIT**

**GRADES 1-6**

**INSTRUCTOR: Ms Napolitano**

**October 19-December 7 (8 SESSIONS)**

Learn to knit and have fun!!

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## WEDNESDAYS

### **INTRO TO CIRCUS ARTS**

**GRADES 2-6**

**INSTRUCTOR: ROTATING CAST OF PRO CIRCUS INSTRUCTORS FROM PAYOMET**

**October 20 – December 15 (8 weeks)**

This class focuses on developing core motor skills and body awareness utilizing a multitude of areas of the circus – balance, object manipulation, aerial arts and acrobatics.

- Activities include: Aerials, Acrobatics, Mini Trampoline and Juggling
- Class Duration: 1 hour
- Requirements: No skills necessary!
- Rotating Cast of Professional Circus Instructors

#### **CLASS REQUIREMENTS:**

- Wear athletic clothing (Leggings, Fitted Shirt, Socks)
- Please remove all jewelry prior to class start.
- Bring a water container to fill.

\*\*\*\*Class size limited to 7 a wait list will be kept and given priority for the next session

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## WEDNESDAYS

### **UKULELE**

**K-2**

**INSTRUCTOR: MS ABT**

**October 20 – December 15 (8 weeks)**

Let's have some FUN and learn something too. Our ukulele class is an introduction to the joy and FUN of playing the stringed instrument.

This class will focus on developing fine motor skills, eye/hand on-coordination and FUN!!

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## THURSDAYS

### **WRIGHT RITE WRITE RIGHT**

**K-6**

**INSTRUCTOR: MS MARKOWSKI**

**October 21-December 16 (7 SESSIONS)**

We'll explore poetry and writing and create a journal and have a jam. Being able to spell or write in not a prerequisite.

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I give my child \_\_\_\_\_, in \_\_\_\_\_ Grade permission Participate in virtual afterschool activities

Sign: \_\_\_\_\_ Date: \_\_\_\_\_

**VOLUNTARY**  
**Afterschool Activity Consent and Release Form**

I, the undersigned parent/guardian of \_\_\_\_\_, a minor, do hereby consent to my child=s participation in Afterschool activity programs of the Town of Truro.

I also agreed to forever release the Town of Truro, the School Committee, and all their employees, agents, board members, volunteers and any and all individuals and organizations assisting or participating in Afterschool Activity programs of the Truro Public Schools (the Releasees) from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to my child or property damage resulting from my child=s participation in Truro Public School=s Afterschool Activity program.

I also promise, to indemnify, defend, and hold harmless the Releasees against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to my child or property damage resulting from my child=s participation in the Truro Public School@s Afterschool Activity programs.

I further affirm that I have read this Consent and Release Form and that I understand the contents of this Form. I understand that my child=s participation in these programs is voluntary and that my child and I are free to choose not to participate in said programs. By signing this Form, I affirm that I have decided to allow my child to participate in the Truro Public School=s Afterschool Activity programs with full knowledge that the Releasees will not be liable to anyone for personal injuries and property damage my child or I may suffer in Truro Public School=s Afterschool Activity programs.

Signed: \_\_\_\_\_

Parent/Guardian of: \_\_\_\_\_