

## OCTOBER 2021 LUNCH MENU

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"

1.	* All lunches are served with a veggie & fruit.	* Milk & Alternate meal offered daily.		Pizza
4.	Turkey & Cheese Roll-ups	5. White Bean Chicken Chili	6. Spaghetti, Meatballs & Garlic Bread	7. Fish Cakes, Baked Beans & Coleslaw
8.	NO SCHOOL			
11.	NO SCHOOL	12. Fish Tacos	13. Pasta Bolognese & Garlic Bread	14. Stuffed Clams
15.	Pizza			
18.	Hot Dogs, Baked Beans & Potato Salad	19. Chicken & Cheese Quesadillas	20. American Chop Suey & Garlic Bread	21. Baked Codfish & Roasted Veggies
22.	Pizza			
25.	Tomato Soup & Grilled Cheese	26. Meat Covered Mashed Potato & Veggie	27. Veggie Soup & Dinner Roll	28. Fish Chowder
29.	Pizza			

BREAKFASTS	ALTERNATES
Mondays- Cereal, Cheese stick, Fruit, milk Tuesdays- Breakfast Sandwich, Juice, Milk Wednesdays- Bagel, Juice, Milk Thursdays- French Toast Sticks, Cheese, Juice, Milk Fridays- Yogurt, Granola, Juice, Milk	Mondays- Sunbutter & Jelly * (Cream cheese & Jelly for Pre-K) Tuesdays- Bagel w/Sunbutter or Cream cheese Wednesdays- Grilled Cheese Thursdays- Sunbutter & Jelly * (Cream cheese & Jelly for Pre-K) Fridays- Fruit/Granola Yogurt Parfait