

**TRURO CENTRAL SCHOOL
AFTER SCHOOL ACTIVITIES
SPRING 2022**

Attached are the After School Activities offered for the Spring. Most classes will begin the week of March 21, 2022 end dates are in each class description. All classes run from 3:00-4:00PM. Students participating will remain after school on class days and be picked up in the front of the building at 4PM.

All classes for this session will be free to all students. However all students need to be registered prior to the first class, registration form can be filled out via the following link: <https://form.jotform.com/210663724668058>

Any class with less than 3 students participating will be cancelled for this session. Classes that exceed capacity will have a waitlist. Those students on a waitlist from the Fall session will be enrolled in classes first.

Please feel free to contact me with any questions,

**Heather Harper
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email: harperh@truromass.org**

AFTER SCHOOL ACTIVITIES CLASS SCHEDULE

Spring 2022

Most classes will begin the week of March 21, 2022

MONDAYS

FLOOR HOCKEY

Grades 2-5

INSTRUCTOR: Ms Niezgoda

March 21-May 2 (6 SESSIONS)

Learn the game and have fun!

MONDAYS

EAT, PLAY, CREATE

Grades 3-5

INSTRUCTOR: Christine Markowski

March 21-June 13 (13 SESSIONS)

Shine your brilliance on a collaborative project of art and writing

MONDAYS

UKULELE

1-2

INSTRUCTOR: Ms Abt

March 21-May 16 (8 weeks)

Let's have some FUN and learn something too. Our ukulele class is an introduction to the joy and FUN of playing the stringed instrument.

This class will focus on developing fine motor skills, eye/hand on-coordination and FUN!!

MONDAYS

LEARN TO KNIT

GRADES 1-5

INSTRUCTOR: Ms Napolitano

March 21-June 13 (13 SESSIONS)

Learn to knit and have fun!! Class size limited to 8. A second class may be added to the schedule if necessary

TUESDAYS

LEGOS,LEGOS,LEGOS

Grades K-5

INSTRUCTOR: Ms Napolitano

March 22 – June 14 (13 SESSIONS)

Build something great!! Have fun!!

TUESDAYS

BONUS BAND WITH MR RILEY

Grades 4-5

INSTRUCTOR: Mr Riley

March 22 – June 14 (13 SESSIONS)

If you are a 4th or 5th grader who already plays an instrument, then this class is for you! Join Mr. Riley for Bonus Band where you continue to learn the basics of playing your instrument, get more time to work on fun songs from your lesson book, and have fun learning even more about how to be a great musician.

TUESDAYS

READER'S THEATER

Grades 1-2

INSTRUCTOR: Ms White

March 22 – June 14 (13 SESSIONS)

Come join Reader's Theater!! Act out short fables and fairy tales. We will make puppets, masks and small props!! There will be a performance on the last day 6/14 at 4PM in the cafeteria! Class size limited to 8

TUESDAYS

INTRO TO CIRCUS ARTS(Group A)

GRADES 2-6

INSTRUCTOR: ROTATING CAST OF PRO CIRCUS INSTRUCTORS FROM PAYOMET

April 5 - June 14 (10 weeks)

This class focuses on developing core motor skills and body awareness utilizing a multitude of areas of the circus – balance, object manipulation, aerial arts and acrobatics.

- Activities include: Aerials, Acrobatics, Mini Trampoline and Juggling
- Class Duration: 1 hour
- Requirements: No skills necessary!
- Rotating Cast of Professional Circus Instructors

CLASS REQUIREMENTS:

- Wear athletic clothing (Leggings, Fitted Shirt, Socks)
- Please remove all jewelry prior to class start.
- Bring a water container to fill.

****Class size limited to 7 a wait list will be kept and given priority for the next session

WEDNESDAYS

PLAYTIME

K-5

INSTRUCTOR: Ms Napolitano

March 23 – June 15 (13 Sessions)

Puzzles, board games, building. Fun, fun, fun!!

WEDNESDAYS

STORYTELLING WORKSHOP: FROM PRINTED PAGE TO PERFORMANCE

4-5

INSTRUCTOR: Eliza McFeely

March 23 – May 18 (8 Sessions)

In this workshop, we'll learn how to tell folk tales little by little, not by memorizing them, but by learning them from the inside out. That will involve a little theater, a little dance, some shouting, and lots of fun. Each student will choose their own story to tell, learn it, and then perform it for an audience. No experience necessary, and even very shy people (like me) can learn to love storytelling. And I'll tell you some stories along the way.

Week 1: choosing a story

Week 2: sharing stories: why we chose the ones we did; beginning to move through the stories

Week 3: storyboards: map out your story like a graphic novel (no artistic talent required!)

Week 4: characters: who's in your story? What are they like?

Week 5: location: where is your story? How can you describe it to others?

Week 6: telling our stories

Week 7: polishing our stories

Week 8: performing our stories

WEDNESDAYS

INTRO TO CIRCUS ARTS(Group B)

GRADES 2-6

INSTRUCTOR: ROTATING CAST OF PRO CIRCUS INSTRUCTORS FROM PAYOMET

April 6 - June 15 (10 weeks)

This class focuses on developing core motor skills and body awareness utilizing a multitude of areas of the circus – balance, object manipulation, aerial arts and acrobatics.

- Activities include: Aerials, Acrobatics, Mini Trampoline and Juggling
- Class Duration: 1 hour
- Requirements: No skills necessary!
- Rotating Cast of Professional Circus Instructors

CLASS REQUIREMENTS:

- Wear athletic clothing (Leggings, Fitted Shirt, Socks)
- Please remove all jewelry prior to class start.
- Bring a water container to fill.

****Class size limited to 7 a wait list will be kept and given priority for the next session

THURSDAYS

NATURE CRAFTS FOR KIDS

GRADES 2-5

INSTRUCTOR: Dominique Pecce

March 24-April 14 (4 SESSIONS)

Week 1 – Fish Kites

Week 2 – Sand Candles

Week 3 – Solar prints and setting up spore prints for week 4

Week 4 – Fixing spore prints and creating nocturnal night dials

THURSDAYS

CLAY

1-5

INSTRUCTOR: David Wright

March 24 – May 19 (8 Sessions)

Explore the fine art of creating beautiful art pieces in clay.

THURSDAYS

KIDS YOGA WITH CHELSEY

1-5

INSTRUCTOR: Chelsey Price

May 5 – June 9 (5 Sessions)

Kids Yoga with Chelsey is a combination of activities involving yoga poses, games, dancing and ending the class with a guided meditation. Children will learn all the amazing benefits of yoga as they grow, glow and flow! Class size limited to 10.

THURSDAYS

INTRODUCTION TO CURSIVE WRITING

3-5

INSTRUCTOR: Ms Costigan

May 5 – June 9 (5 Sessions)

Not only is cursive good for speed of writing, but it also is shown to improve brain development in the areas of thinking, language and working memory. Cursive handwriting stimulates brain synapses and synchronicity between the left and right hemispheres, something absent from printing and typing. Learning cursive helps students fine tune their motor skills by learning the correct amount of pressure to put with pen and pencil on paper, as well as the fluidity and dexterity that comes with cursive writing. Cursive has the added benefit of being both artistic and highly personal so students can express their individuality and creativity.

THURSDAYS

Learn About Birds: A Look Into the Amazing World All Around You!

3-5

INSTRUCTOR: Rachel Budnick

April 28 – June 16 (8 Sessions)

Week 1: What are birds? Learn about what makes a bird a bird, and how they went from ferocious dinosaurs, to feathered flyers.

Week 2: Types of birds and how to learn to tell them apart

Week 3: Feathers and Beaks. What they do and make your own!

Week 4: Learn your local bird songs

Week 5: Learn your backyard birds, with a take-home checklist to count the birds in your own backyard

Week 6: Wildlife care and conservation. Teach about the Piping Plover, a great local symbol for conservation, and what to do if you find a lost baby bird

Week 7: Paint your own birdhouse or bird feeder. Painting kits and houses/feeders will be provided

Week 8: Final class field trip for some bird spotting! A group walk around the school to spot birds and fill out a checklist.

I give my child _____, in _____ Grade permission Participate in virtual afterschool activities

Sign: _____ Date: _____

VOLUNTARY
Afterschool Activity Consent and Release Form

I, the undersigned parent/guardian of _____, a minor, do hereby consent to my child=s participation in Afterschool activity programs of the Town of Truro.

I also agreed to forever release the Town of Truro, the School Committee, and all their employees, agents, board members, volunteers and any and all individuals and organizations assisting or participating in Afterschool Activity programs of the Truro Public Schools (the Releasees) from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to my child or property damage resulting from my child=s participation in Truro Public School=s Afterschool Activity program.

I also promise, to indemnify, defend, and hold harmless the Releasees against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to my child or property damage resulting from my child=s participation in the Truro Public School@s Afterschool Activity programs.

I further affirm that I have read this Consent and Release Form and that I understand the contents of this Form. I understand that my child=s participation in these programs is voluntary and that my child and I are free to choose not to participate in said programs. By signing this Form, I affirm that I have decided to allow my child to participate in the Truro Public School=s Afterschool Activity programs with full knowledge that the Releasees will not be liable to anyone for personal injuries and property damage my child or I may suffer in Truro Public School=s Afterschool Activity programs.

Signed: _____

Parent/Guardian of: _____